

AFTERCARE INSTRUCTIONS

The final appearance of your new tattoo depends on how well you care for it as it heals. Follow these instructions, and enjoy a lifetime of fine art for the flesh.

Tattoo care:

- **After 2 hours** remove covering from your tattoo and wash with hot water (as hot as you can stand), and an anti-bacterial soap. Let air dry, and don't put anything on it at this time. Let it finish oozing plasma for the rest of the day. Wash it gently again before bed.
- **2nd and 3rd day.** Wash in the morning and pat dry. Apply a thin layer of A&D ointment. When applying the ointment to the tattooed area, use only a thin layer. If the skin is glossy, you have used too much. If you use too much, your skin becomes saturated and can't breathe. Repeat again at night. Don't repeat more than 2 times a day.
- **4th day.** Stop using the A&D and switch to a lotion such as Lubriderm (Unscented). Use 3 to 4 times a day until the tattoo has healed.

Around 3 days the tattoo will be covered with a paper-thin scab, which will peel *by itself*. After 7-10 days your tattoo will be in the *Primary Heal* stage. Within 2-3 weeks, the epidermis will form and your tattoo should be fully healed. **DO NOT PICK, PEEL OR SCRATCH YOUR TATTOO.**

This will ruin it and you will have to pay for retouching.

During the first 14 days, follow these guidelines:

- **DO NOT** expose your new tattoo. to a direct or hot shower jet.
- **DO NOT** swim in a pool or lake, use a hot tub, sauna, or Jacuzzi.
- **DO NOT** use Vaseline, petroleum jelly or any anti-bacterial ointment (like Neosporin). They may contain peroxides that will cause fading.
- **DO NOT** pick or scratch scabs.

Piercing care:

- **Tongue-** rinse with Listerine every time you finish eating or smoking until healed.
- **Navel-Wash** with anti-bacterial soap 3-4 times a day. It will get red and puss a little, that is part of the healing process. The navel takes up to. 9 months to heal. **DO NOT** use peroxide or rubbing alcohol. No. swimming in lake water.
- **Ear. Eyebrow. Nose** - Wash with anti-bacterial soap 3-4 times a day until healed. **DO NOT** use peroxide or rubbing alcohol. No swimming in lake water.